

# SPECIALTY BREAKS

All pricing is per person.

## Mom's Treat

**\$8.50**

### Jumbo Cookies

Chocolate chip, oatmeal and raisin, and double chocolate

250 ml 2% white and 2% organic chocolate milk

Coffee, decaffeinated coffee and a selection of tea

## Cupcake Break (min. 25 persons)

**\$12.25**

### Cupcakes

Vanilla with lemon icing, chocolate with chocolate icing, red velvet with cream cheese icing

Sliced fresh fruit

Coffee, decaffeinated coffee and a selection of tea

## Chestnut Break (min. 25 persons)

**\$12.25**

Assorted squares

Rice Krispie squares

Macarons

Assorted fruit smoothies

Assorted bottled fruit juices

Coffee, decaffeinated coffee and a selection of teas

## Mediterranean Vegetable Break

**\$12.75**

(min. 25 persons)

Fresh cut vegetables with Tzatziki dip

Assorted olives

Assorted pita breads and crackers

Plain hummus, spiced hummus and baba ganoush

Assorted soft drinks and juice

Coffee, decaffeinated coffee and a selection of tea

## Get Fit

**\$15.00**

(min. 25 persons)

Whole fresh seasonal fruit

Fruit and nut granola bars

Quinoa and dried fruit bars

Assorted drinkable & assorted individual yogurts

Assorted bottled fruit juices

Bottled carbonated spring water

Coffee, decaffeinated coffee and a selection of tea

## Cheese and Fruit Break

**\$15.50**

(min. 25 persons)

Selection of Canadian cheese garnished with grapes

Assorted crackers and fresh baguette

Fresh fruit kebabs with yogurt dipping sauce

Coffee, decaffeinated coffee and a selection of tea



# A LA CARTE BREAK SELECTIONS

All pricing is per person.

## Snacks

Variety of granola bars	<b>\$3.00</b> per piece
Chocolate bars	<b>\$2.95</b> per piece
Individual low fat fruit yogurt	<b>\$3.75</b> per piece
Jumbo cookies	<b>\$3.25</b> per piece
French pastries	<b>\$3.75</b> per piece
Mixed nuts (serves 8)	<b>\$20.00</b> per bowl
Potato chips	<b>\$9.00</b> per basket
Buttered popcorn	<b>\$9.00</b> per basket
Chocolate brownies	<b>\$4.25</b> per piece
Sliced fresh fruit	<b>\$5.25</b> per person
Fresh fruit kebabs with yogurt dipping sauce	<b>\$5.75</b> per piece
Assorted whole fruit	<b>\$3.50</b> per piece
Rice Krispie squares	<b>\$3.50</b> per piece

## Beverages

Coffee and decaffeinated coffee	<b>\$3.85</b> per person
Selection of teas	<b>\$3.85</b> per person
Assorted fruit juices (orange, apple, grapefruit)	<b>\$34.00</b> per 32oz. pitcher
Cranberry juice	<b>\$34.00</b> per 32oz. pitcher
Iced tea or lemonade	<b>\$25.75</b> per 32oz. pitcher
Assorted milk (skim, 2%, and chocolate)	<b>\$4.00</b> per 250ml bottle
Assorted bottled fruit juices	<b>\$3.85</b> per bottle
Assorted canned soft drinks	<b>\$3.35</b> per can
Perrier	<b>\$4.75</b> per bottle
Flavoured sparkling water	<b>\$4.75</b> per bottle

